# **Rivaroxaban in Acute Coronary Syndrome (ACS)**

### Acute Coronary Syndrome (ACS)

Acute coronary syndrome (ACS) is a common and life-threatening condition, which occurs when a coronary artery is blocked by a blood clot, reducing blood supply to the heart. This disruption of blood flow can directly cause a heart attack, or cause severe pain in the chest (unstable angina).

#### Burden of ACS



#### What Triggers ACS?

The essential underlying condition for ACS is the build-up of plaque in the inner walls of coronary arteries that narrows the arteries, sometimes decreasing the amount of blood flow to the heart. This process is called atherosclerosis.

There are a variety of **risk factors** for atherosclerosis, potentially resulting in ACS, which can include<sup>4.5</sup>:

- Family history of heart attack or unstable angina
- High cholesterol
  High blood pressure
- Diabetes
  Smoking

# Patients Require Long-Term Protection from Recurrent ACS

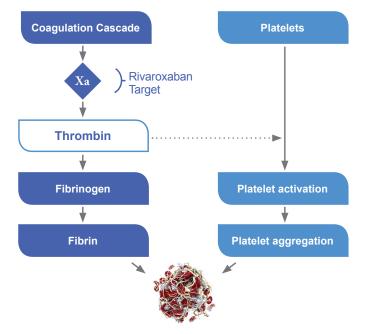
Mortality and major cardiovascular events remain as high as  $\sim$ 10% during the first year following an ACS, despite recent advances in antiplatelet therapy<sup>6</sup>.

ACS patients will have, or are at risk of having unless appropriately treated, another major atherothrombotic event (CV death, heart attack, stroke) within the first year following the initial event<sup>6</sup> and 68% - 97% of deaths related to ACS occur after hospital discharge<sup>2</sup>

**Up to o**f patients who leave the hospital after an ACS event are re-admitted within six months<sup>3</sup>

#### Arterial clots are formed through dual pathways: Platelet Activation and Thrombin Generation

If plaque from the wall of a coronary artery ruptures, a blood clot can form at the site of the rupture. This arterial clot is formed through a dual pathway of platelet activation and thrombin generation, which is one of the most potent platelet activators<sup>7</sup>. If the clot is large enough to block the vessel and critically reduce blood flow, the heart muscle can be damaged<sup>8</sup>



#### **ACS Treatment and Prevention**

The main treatment goal for ACS patients is to prevent death, stroke or recurrent heart attack by removing an existing blood clot, and subsequently stopping the formation of new clots.

A combination of antiplatelet and anticoagulant medications that target both pathways of clot formation is commonly used in the acute treatment period after a patient first experiences a heart attack<sup>9,10</sup>

Unlike acute treatment, the current therapy for long-term secondary prevention of ACS does not include anticoagulant medication, but focuses on dual antiplatelet therapy of aspirin plus a drug class known as P2Y12 inhibitors\*, of which clopidogrel is the most prescribed. Dual antiplatelet therapy has improved effectiveness over aspirin alone<sup>11</sup>, however:

Antiplatelet therapy addresses only one source of clot formation - platelet activation, leaving patients exposed to continued risk after an ACS event<sup>12</sup>.

Since thrombin levels remain elevated long after the acute phase, secondary prevention of ACS should target both pathways of clot formation<sup>13</sup>

#### **COMPLEMENTARY MECHANISMS OF ACTION**

Antiplatelets and anticoagulants have complementary mechanisms of action that together address the dual pathway of clot formation and have been shown to improve outcomes, continuing to provide more comprehensive long-term protection than antiplatelet therapy<sup>\*\*</sup> alone<sup>9,14</sup>.

Beyond antiplatelet therapy\*\* alone, rivaroxaban 2.5 mg twice daily was shown to reduce mortality and CV events without increasing the risk of fatal intracranial haemorrhage (ICH) or fatal bleeds\*\*\*<sup>15,16</sup>. However, as expected the rate of TIMI major bleeding increased with rivaroxaban 2.5 mg twice daily compared to antiplatelet therapy\*\*<sup>14,15,16</sup>.

ESC Guidelines for the management of acute myocardial infarction in patients presenting with ST-segment elevation (updated August 2012) recommend that treatment with rivaroxaban 2.5 mg twice daily be considered for patients with STEMI who are at low bleeding risk and receiving dual antiplatelet therapy – aspirin and clopidogrel (II B recommendation)<sup>10</sup>

Rivaroxaban is the only novel oral anticoagulant to provide more comprehensive protection against long-term clot formation for patients with ACS\*\*\*.

\* Prasugrel and Ticagrelor are also P2Y12 inhibitors

\*\*ASA plus clopidogrel or ticlopidine or ASA alone

\*\*\*Patients with elevated cardiac biomarkers without prior stroke or TIA

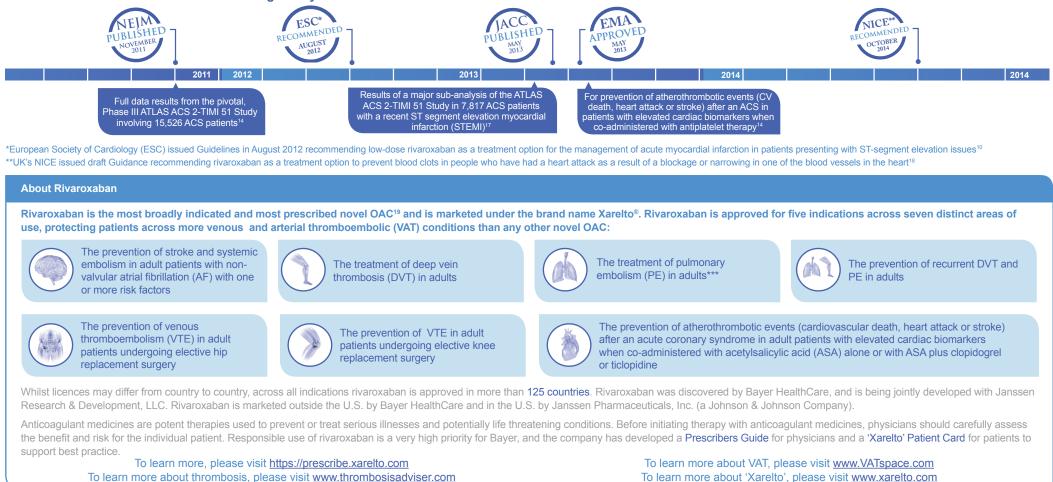




## **Rivaroxaban in Acute Coronary Syndrome (ACS) - Continued**



#### **Rivaroxaban ACS Data Publications and Regulatory Milestones**



#### References

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